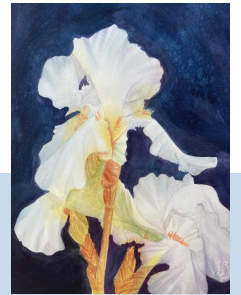


BC Brain Wellness Program's Creative Collective  
Presents

# ***OUR COLLECTIVE COLLECTION***

*curated just for you!*

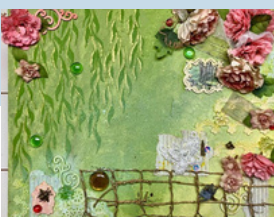
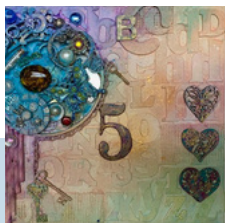
## NOVEMBER'S CREATIVE COLLECTIVE CREATOR



MARJORIE YOUNG

*"My favourite quote from Goethe that has inspired me,  
'whatever you think you can do or believe you can do, begin it.  
Action has magic, grace and power in it.'"*

## OCTOBER'S CREATIVE COLLECTIVE CREATOR



VIVIAN FITZGERALD

*"Don't rush. Just let it happen! Start small and learn from the  
Internet. You don't have to spend much to get going..." - Vivian*



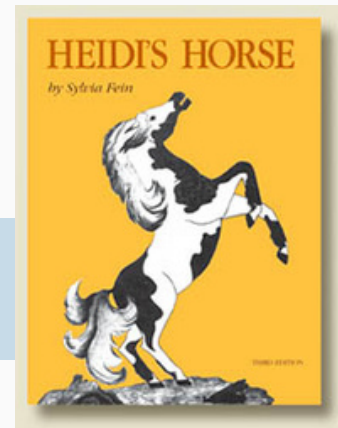
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## HEIDI'S HORSE

### Heidi's Horse

was written by Sylvia Fein published in 1976.

*"Heidi's Horse by Sylvia Fein is an analysis of a child's artistic life. It reveals that in their drawings all children sequentially obey universal imperatives which are identical to those in the history of mankind's art. It demonstrates that art is a second language: logical, orderly, systematic, abstract, subtle, serious and humorous; a way to say something about the world that words can't say."*



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## APPLE AND HAZELNUT GALETTE

### Apple and Hazelnut Galette

*by Cassie Best*

*"Tailor our apple galette to your taste – add blackberries, swap the hazelnuts for almonds or pecans, or use pears or peaches instead of apple, if you like!"*



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## BILL REID GALLERY OF NORTHWEST COAST ART

### 13 Moons Around the Lake (in person), October 25, 2023 - January 28, 2024

Bill Reid Gallery of Northwest Coast Art

*"Bill Reid Gallery of Northwest Coast Art presents the Vancouver premiere exhibition of 13 Moons Around the Lake, part of a larger, multi-year exhibition titled Honouring Our Grandmothers Healing Journey, curated by Nlaka'pamux artist Nadine Spence who is making her Bill Reid Gallery debut.*

*This exhibition celebrates and honours Indigenous grandmothers, family, the lands, the waters, and the salmon cycle in southern BC. 13 Moons Around the Lake will feature several designed bentwood chests, chest carrier platforms, Nlaka'pamux regalia, soapstone, blankets, and other artworks by Indigenous artists from a variety of BC nations, which depict their own individual histories, stories, and healing journeys."*



**Drawing and Lino Printing (zoom), December 9th 2023, 11:00 AM PDT**

with Austin



*“Austin will demonstrate lino printing from drawing to printing. First, Austin will draw a simple image directly onto the lino block and show how he determines when the drawing is ready for carving. The second step will be transferring a pre-drawn image to the lino block using transfer paper. The following steps involve pre-carving and carving techniques, paper prep, and printing.”*

## Spellbound

**WRITTEN BY EMILY BRONTË**

The night is darkening round me,  
The wild winds coldly blow;  
But a tyrant spell has bound me  
And I cannot, cannot go.  
The giant trees are bending  
Their bare boughs weighed with snow.  
And the storm is fast descending,  
And yet I cannot go.  
Clouds beyond clouds above me,  
Wastes beyond wastes below;  
But nothing drear can move me;  
I will not, cannot go.



**HAVE ANY QUESTIONS ABOUT CREATIVE COLLECTIVE?**

**WOULD LIKE TO SHARE RESOURCES TO OUR  
CREATIVE COLLECTIVE GROUP?**

**REACH OUT TO US!**

**[WWW.BCBRAINWELLNESS.CA/CREATIVE-COLLECTIVE](http://WWW.BCBRAINWELLNESS.CA/CREATIVE-COLLECTIVE)**

