

CREATIVE COLLECTIVE

Our Collective Collection

we're so glad you're here!



A Welcome From Us!

Welcome to our Creative Collective Monthly Newsletter.

We would like to extend our gratitude for your creative submission and we are looking forward to hearing more about it!

In the meantime, we will be sending out a monthly email with various resources to help you continue your creative journey while you wait for your interview and post to be published.

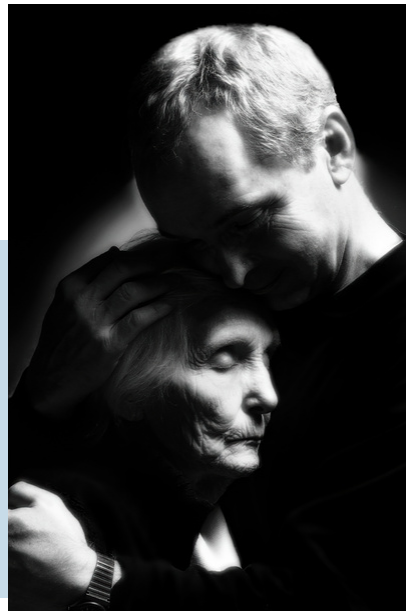
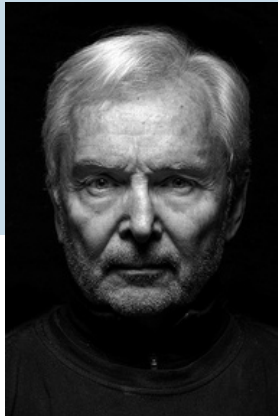
Enjoy!

Special Thanks to

ANNA, ONE OF OUR CO-FOUNDERS!

Anna was involved in the creation of Creative Collective and a contributor for the BWP blog. She is excited to be starting law school at the University of Toronto, but hopes to stay connected with the BWP program. We wish her the best in her future endeavors!





April Creator of the Month

DOUG JOHNSON

"If creating things make you happy, that's a great place to be. Because you can still be creative in a multitude of forms. I've been considering taking up painting. Surrender but don't give up. Odd position to find yourself in. My creativity has taken up the slack where my physicality has lost."

[READ MORE ABOUT DOUG!](#)



March Creator

MARGARET

[READ ABOUT MARGARET!](#)



February Creator

SUE

[READ ABOUT SUE!](#)



Meet the Team



Elaine

Hi all! I am Elaine and I am the Team Lead, Specialized Projects with the BC Brain Wellness Program. I really believe that "Creativity is the new fitness class" and I incorporate creativity in my life with knitting, crocheting, sewing, needlepoint, gardening, baking and cooking all the while continually admiring the talents of others!



Aeron

Hello everyone! My name is Aeron and I am going into my third year at UBC studying Biology. It has been a joy being part of this initiative and I cannot wait to see everything else that is in store for us!



Mayako

Hi everyone, my name is Mayako and I'm going into my third year of studying Cognitive Systems at UBC. It has been a pleasure receiving all of your submissions and I'm looking forward to learning more about everyone's creative processes through the interviews.



Jolie

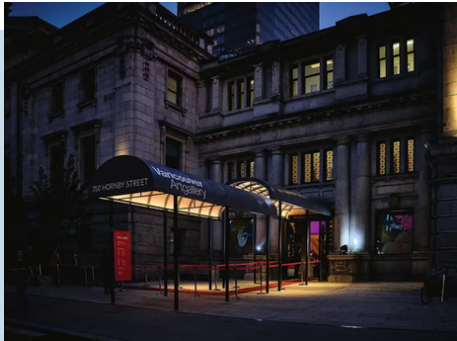
Hi everyone! My name is Jolie and I am entering my third year of Biology at UBC. I am new to the team and am super excited to contribute what I have to this wonderful initiative. I can't wait to learn and share how powerful art can be.



Creative Resources

CATERED JUST FOR YOU!

VANCOUVER ART GALLERY



Free First Friday Nights, presented by BMO will open and expand the world of art to a broader audience.

"Guided by our four pathways, the Gallery aims to foster community and learning by playing an active role in enabling people of all ages and backgrounds to enjoy art and culture. Free First Friday Nights will feature engaging public programming and educational tours for visitors to enjoy free of charge. Find out what we have planned on May 5 for our inaugural event!"

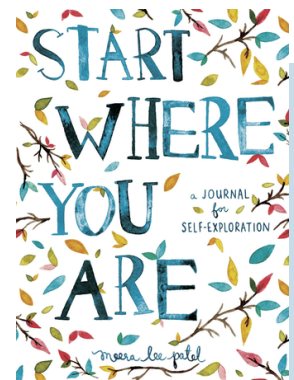
GIVE IT A READ!

Start Where You Are
by Meera Lee Patel

"Start Where You Are is an interactive journal designed to help readers nurture their creativity, mindfulness, and self-motivation.

It helps readers navigate the confusion and chaos of daily life with a simple reminder: that by taking the time to know ourselves and what those dreams are, we can appreciate the world around us and achieve our dreams."

- Goodreads



HAVE ANY QUESTIONS ABOUT CREATIVE COLLECTIVE?

**WOULD LIKE TO SHARE RESOURCES TO OUR
CREATIVE COLLECTIVE GROUP?**

REACH OUT TO US!

WWW.BCBRAINWELLNESS.CA/CREATIVE-COLLECTIVE

